

Three Kinds of Starters (1/2)

There are three different approaches that people tend to take when it comes to dealing with any responsibility. The following three charts focus on the case of the responsibility to “make a reasonable effort with one’s career”, although they could equally well fit any other responsibility.

Of course, this only applies in the case of people who are physically and mentally healthy enough to be able to take care of their responsibility.

The three approaches to dealing with responsibility are:

1. **Self-Starting**
2. **Symbiotic Manager Dependence**
3. **Adversarial Manager Dependence**

A Self-Starter is able to self-produce his own Starting Stress and Maintenance Stress. Hence, he usually has a productive day.

